

# Surviving Parenthood

A Group to focus on supporting parents by helping them to develop more resiliency skills



**Drop-In**

**When:** Mondays, March 6th - ongoing 5:30 - 7:00 pm

**Location:** Family Services of the North Shore, 203 - 1111 Lonsdale Ave., North Vancouver

**Inquire:** 604.988.5281 ext. 226 or email: [Intake@familyservices.bc.ca](mailto:Intake@familyservices.bc.ca)

**No Registration is Required/ No Cost**



@FamilyServicesoftheNorthShore



@FSNorthShore



@FamilyServicesNS



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[www.familyservices.bc.ca](http://www.familyservices.bc.ca)



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